

DR ARYA NAIR

Professional Qualifications:

- MBBS

Calicut Medical College, Kerala, India.

- MS in Obstetrics & Gynecology

Jubilee Mission Medical College, Thrissur, Kerala, India.

- Fellowship in High Risk Pregnancy and Fetal Imaging

CRAFT Hospital and Research center, Kodungallur, Kerala, India.

Professional Experience:

Internship– 2009 to 2010 in Calicut Medical College, Kerala. Involved compulsory rotations in General Surgery, General Medicine, Pediatrics, Obstetrics & Gynecology and Community Service.

Resident– August 2013 to July 2016 in Department of Obstetrics & Gynecology, Jubilee Mission Hospital, Thrissur, which is a tertiary referral center for High Risk Obstetrics & Laparoscopic surgeries.

Junior Consultant from January 2017 to January 2018 at Trinity Healthcare And Research Hospital, Panaji, Goa

Private consultant from Jan 2019 till July 2021

Fellow in High Risk Pregnancy and Fetal imaging from July 2021 to July 2022 in CRAFT hospital, Kerala

Professional Affiliation:

- Travancore Cochin Medical Council of India ; Reg. No. 43212
- Goa medical council; Reg. No 3721

Skill Highlights:

- Provide medical attention for women at the time of gynaecological disorders, conception, pregnancy, child birth and post-partum stages.
- Conduction of normal and instrumental deliveries.
- Manage patients with complex medical and surgical diseases as well as patients with major obstetrical problems and fetal diseases and anomalies- team concept in antenatal care
- Perform caesarean sections (both elective & emergency) as may be needed to preserve

both mother's and baby's health.

- Knowledge in Neonatal Resuscitation Protocols.
- Hands-on exposure in performing abdominal hysterectomy and assisting other gynaecologic surgeries, including diagnostic and emergency procedures.
- Trained in assisting all operative Laparoscopic procedures including Laparoscopic Hysterectomy, Laparoscopic Myomectomy, Recanalization and Cystectomy.
- Level 1 infertility care.
- Trained in advanced obstetric & gynecological ultrasonography- 1st trimester aneuploidy scan, TIFFA and 3rd trimester growth and doppler scans ,
- Excellent social, interpersonal and communication skills to interact with patients and hospital staff members.
- Comprehensive knowledge of advanced and current principles, policies, protocols, procedures and methods.
- Teaching experience in classroom lectures for undergraduates.
- Proficient in computer applications & software in hospital management.

Professional Memberships:

- TOGS – Thrissur Obstetrics & Gynaecological Society, Kerala.

- FOGSI – Federation of Obstetrics & Gynecology Societies of India.
- POGS – Panaji Obstetrics & Gynecology Society

Workshops Attended:

Workshop on Endoscopy & Practical obstetrics in south zone yuva fogsii, Calicut, Kerala 2015

Obstetric Ultrasound Workshop in All Kerala Congress of Obstetrics & Gynecology (AKCOG), Kovalam, Kerala 2015.

Live laparoscopic and hysteroscopic workshop, togsicon, Thrissur, Kerala 2015

Vaginal Surgery Workshop, TOGSICON, International Conference, Thrissur, Kerala 2014. Basic surgical skills in obstetrics and gynaecology, Thrissur Medical College, Kerala 2013. Emergency Obstetric Care & Advanced Life Support by TOGS, 2013.

Neonatal Resuscitation Protocols by NRHM, 2013.

Update on Thyroid Disorders in Pregnancy, Thrissur, 2015.

Workshop in Ultrasound and Fetal medicine organized by The Panaji Obstetrics and Gynecological Society on 21st May 2017

EMOCALS training programme organized by KFOG on march 30th , 31st 2022. Fetal neuroimaging conference conducted by FMF , India 12-14th august, 2022

Presentations:

- Paper Presentation on Dissertation topic at All Kerala Congress of Obstetrics & Gynecology (AKCOG), Kovalam, Kerala 2015.
- Poster Presentation on ‘a rare case of placenta percreta presenting as haemoperitoneum at 26 weeks’ at All Kerala Congress of Obstetrics & Gynecology (AKCOG), Allepey, Kerala, 2016.

Publications:

Research paper on dissertation topic in May 2016 issue (volume 4 issue 5) of JMSCR IGM Co-Authored research paper in SJAMS May 2016 (volume 4 issue 5d)

Personal Details:

Year of Birth: 1985

Nationality: Indian

Marital status: Married

Permanent Address: 4/UG 1, Models Exotica, STInez, Panaji, Goa –
403001 Phone: +91-9947961880

Email: aryanaircmc@gmail.com

References

Dr Sareena Gilvaz,

HOD & Professor in O&G, Jubilee Mission Medical College, Thrissur, Kerala
India. Contact +91 9895115354

Dr. Eugene D'Silva [DGO, MD, DNB, FRCOG
(London),FRCS(Edinburgh),FICS(USA)] Trinity Healthcare And Research,
Esperança Hospital

Contact +91 08322461888

Dr. Alisha Shafjeer

SR.CONSULTANT IN HIGH RISK PREGNANCY & INFERTILITY
MD(OBGYN), MRCOG (UK),

DNB,MBBS, craft hospital, 9972096139

Dr. Boban Abraham

CONSULTANT FETAL MEDICINE MD, DGO, DNB, DAGE,
FELLOWSHIP IN FOETAL MEDICINE Craft, 9744497807

OPD Timings: